

Sand Lake Lions Roar

MAY 2024

A Letter from the Principal

Dear Sand Lake Families,

During our first Lion's Roar, I spoke about having conversations with your children about their goals for the school year. During the next couple of weeks, it would be a great time to revisit your conversation and ask how they did with each of their goals. "Did you do your best each day of the year?" "Did you get the grades you were going for?" If they achieved their goals, great! If not, I always ask, "What can I do to help you achieve your goals?"

Our Kindergarten students are ready for 1st grade, and our 6th graders along with our current 5th graders are heading to Middle School. One of the many changes for next year has our 6th grade classes moving to Mears Middle School. So, our current 4th grade students will be our rising school leaders in 5th grade next school year.

Another big change for next year is our start time. Elementary schools will have the following daily schedule:

Every Monday: 9:00 am – 2:30 pm

Tuesday thru Friday: 8:00 am – 2:30 pm

The 8 am start time will be new for all of us, so if you're like the rest of us we'll have to start practicing getting up earlier starting in early August.

As a reminder, you can register for the upcoming school year online throughout the summer.

Returning students who have not registered online by Thursday, August 15th will not be placed on a class list.

For those families that will need to register in person, following are the dates and times to register at in person at Sand Lake Elementary:

- *Tuesday, July 30, 2024 - 9:00 AM - 3:00 PM*
- *Wednesday, July 31 - 9:00 AM – 3:00 PM and 5:00 to 7:00 PM*
- *Thursday, August 1 - 9:00 AM – 3:00 PM*

On August 14th at 4 pm, we'll have "Popsicles with the Principal" again, and during this time class lists will be posted outside the school.

The first day of school:

- August 15, 2024 **for Grades 1 – 7**
- August 22, 2024 for **Kindergarten.**

I hope all of you are able to have a wonderful summer, get some rest, and come back ready to go in the fall.

If you ever have any questions, comments, or concerns please feel free to contact us at (907) 243-2161 or Sandlakeattendance@asdk12.org.

Sincerely,

Linson Thompson
Principal, Sand Lake Elementary



UPCOMING MAY EVENTS

- **May 2** Sonic Boom!
- **May 3** Science Fair - Parent Share
- **May 3** Cherry Blossom Festival
- **May 4** 'Super Sweeper Saturday' Spring CleanUp
- **May 6-10** Teacher Appreciation Week
- **May 7** Spring Choir Concert
- **May 8** Bike to School Day
- **May 16** Field Day
- **May 17** Sand Lake Band and Orchestra End of Year Concert
- **May 22** Last Day of School



for All 6th Grade Band and Orchestra Students



Sonic Boom! for all 6th Grade Band and Orchestra Students 2024

Thursday, May 2, 2024 Sullivan Arena 1600 Gambell St.

6:00 p.m. - Students arrive for rehearsal

MUSIC IS MEMORIZED: We are working on all students memorizing Frere, Yankee (pg 11 in booklet), Chugach Overture, Ptarmigan Ptango, Ode to Joy, and **Sonic Boom! Finale**

7:30 - 8:00 p.m. - Concert

The Anchorage School District Fine Arts Department proudly presents **Sonic Boom!** 2024. This is a wonderful opportunity to celebrate the musical accomplishments of all ASD 6th grade orchestra and band students. The rehearsal and concert take place on the same evening.

All students will remain in place for the entire program (no early release). There will not be a break, so please be sure your child has eaten and used the restroom before arriving.

TICKETS: There are no tickets required. The concert is free and open to the public. **TRANSPORTATION:** Parents/guardians are responsible for all transportation to and from the event. Parking is limited; please try to form carpools with other families.

STUDENT DROP OFF / PARKING: Parents/guardians should drop off students by 6:00 p.m., then find parking. (See other side for student drop off and parking information.)

WHAT TO BRING: Instrument only (no stands or music - all songs will be performed from memory). Percussionists should bring only their bell sets.

CONCERT CLOTHES: Nice white (or light) shirt and black (or dark) pants/long skirt. You don't need to buy anything new; come as close as you can.

AFTER THE CONCERT: All students will remain in their seats after the concert until instructions are given over the P.A. system regarding meeting parents. Students must be picked up no later than 8:30 p.m.



Science Fair Family Share



Let's team up for a cleanup!

Sand Lake Elementary will participate in the Anchorage Chamber of Commerce's Super Sweepers program again this year!

Saturday, May 4, 2024 (10am - 2pm)

Program participation is a great way to teach students the importance of litter prevention, and it's also a lot of fun. Families are welcome and encouraged to join in the efforts!

Each participating school will raffle one \$50 Fred Meyer Gift Card to students who participate.

Super Sweeper Saturday, May 4th

Sand Lake Elementary

Festivities begin at 10:00 a.m. Saturday, May 4th

Come dressed appropriately for outdoor cleanup.

We'll provide the trash bags.

You might even win a \$50 Fred Meyer Gift Card!



For Information, Contact:

Amanda McClure at mcclure_amanda@asdk12.org



FredMeyer

AlaskaWaste
relating with waste



Educating All Students for Success in Life

WCP SOLUTIONS
PROFESSIONAL WASTE DISPOSAL



Spring Choir Concert



Spring Choir Concert

May 7th @
6pm

Sand Lake Elementary School
[nilsson_annie@asdk12.org](mailto:nilsson_Annie@asdk12.org)



Bike to School Day!



WALK BIKE & ROLL

TO SCHOOL

JOIN US MAY 8, 2024

STUDENTS: REMEMBER TO WEAR YOUR HELMETS AND
MAKE EYE CONTACT WITH DRIVERS.

DRIVERS: WATCH FOR STUDENTS WALKING AND BIKING TO SCHOOL.
ALWAYS YIELD FOR PEDESTRIANS.



Sand Lake Field Day!

Sign Up to Volunteer

FIELD DAY

MAY 16TH

PLEASE SIGN UP TO
VOLUNTEER!!



Band and Orchestra Concert



Sand Lake Elementary
**Band and Orchestra
End of Year Concert**



May 17, 2024 (1:30-2pm)

More Information:



Rick Zelinsky
zelinsky_richard@asdk12.org



Rodrigo Pessoa
pessoadealmeida_rodrigo@asdk12.org



Sand Lake PTSA News...

Click here to Join Sand Lake PTSA

Sand Lake Elementary School



PTSA NEWSLETTER



MAY 2024



A NOTE FROM PTSA

Dear Families,

As the school year comes to an end, we just want to say thank you to everyone who made our year a success. We had a blast bringing fun and community to our school and we couldn't have done it without the support of our families. We are already gearing up for even more fun next year. We hope to see you all again in the fall!

FIELD DAY

Field Day is coming up on Thursday, May 16th. We need parent volunteers to make it happen. Scan the QR code below to sign up!



UPCOMING EVENTS

- Science Fair 5/3
- Super Sweepers 5/4
- Teacher Appreciation 5/6-5/10
- Bike to School Day 5/8
- Field Day 5/16
- Last Day of School 5/22

STAY CONNECTED

President- Lindsey Edwards
sandlakeptsa.president@gmail.com Vice
President- Blair Robinson
sandlakeptsa.vicepresident@gmail.com
Secretary- Brittany Ford
sandlakeptsa.secretary@gmail.com
Treasurer- James Riches
sandlakeptsa.treasurer@gmail.com Vice
President of Fundraising- Risha Toci
sandlakeptsa.vpfundraising@gmail.com
Vice President of Events- Shannon
Spalding
sandlakeptsa.vpevents@gmail.com

TEACHER APPRECIATION

Teacher Appreciation Week!
May 6th-10th

Teacher Appreciation Week is when we show all of the staff at Sand Lake just how much we appreciate all they do for us. We have so many wonderful things planned including coffee, a potluck lunch, a catered lunch and morning snacks. Keep an eye out for a sign up link for the potluck. Please help us make the staff at Sand Lake feel the love!





Lost and Found!

Please claim your
student's lost and
found items by the
end of school on
Wednesday May 22.

All unclaimed items
will be donated.





Last Day
of School
May 22nd

2024 Summer Camps:

Ganbare Nihongo (Japanese Language) Camp:

[Click to Register](#)

ガンバレ! 日本語キャンプ

(Japanese Language Camp)
Summer, 2024

Online Registration!

From Mon. April 8th



Ganbare Nihongo Camp is open for anyone who is interested in learning Japanese language and its unique culture.

Purpose/Mission

Students will experience Japan through fun, hands-on participatory activities instructed in Japanese.

Activities

Taiko Drumming
Cooking and Sampling
Arts/Crafts
Japanese skit and Song

Camp Dates:

1st Session (32 students)
July 22nd - July 26th (Mon-Fri.)

2nd Session (32 students)
July 29th - August 2nd (Mon. Fri.)

Camp Hours:

9:00 a.m. - 3:30 p.m.
Early drop off and late pick up will be available.

Camp Fee: \$20

Camp Site:

Diamond High School



Junior Achievement Camp:

[Click to Register](#)



The poster for Junior Achievement of Alaska's Biz Kids Summer Camp features a yellow and green color scheme. At the top left is the Junior Achievement of Alaska logo. The main title 'BIZ KIDS SUMMER CAMP' is prominently displayed in large, bold letters. Below the title, a lightbulb icon is next to the text 'LEARN ABOUT ENTREPRENEURSHIP, BUSINESS, AND MONEY!'. To the right, there are three circular inset photos: the top one shows a group of children and an adult; the middle one shows a woman standing next to a QR code with the text 'SCAN HERE' and a sign that says 'FINANCIAL LITERACY'; the bottom one shows a group of children and adults. Below these photos, the text 'Grades K-8' is in a white circle, followed by two orange circles for 'Session 1 3-6 JUNE 2024' and 'Session 2 10-13 JUNE 2024'. A green box lists the included activities with checkmarks. At the bottom, a dark blue bar contains contact information, and a small disclaimer is at the very bottom.

Junior Achievement™
of Alaska

BIZ KIDS SUMMER CAMP

LEARN ABOUT
ENTREPRENEURSHIP,
BUSINESS, AND
MONEY!

Grades
K-8

Session 1
**3-6 JUNE
2024**

Session 2
**10-13 JUNE
2024**

Includes:

- ✓ Daily Lunch & Snacks
- ✓ Art & Outdoor Activities
- ✓ Business and Finance Lessons
- ✓ Leadership Skills and Health Lessons
- ✓ Local Business Leader Presentations

More Information: 907.344.0101 akbizkidcamp.com

The Anchorage School District does not endorse these materials or viewpoints expressed in them.

Girl Scouts Summer Camps:

Click for more Information



Girl Scout Summer Camp 2024

Your Summer of Adventure
Starts Here!

Discover the Confidence of Being Unstoppable.

Our camps allow girls to **Discover** the world, **Connect** with other campers, and **Take Action** in their own lives and in their communities. That's what leadership is all about!



Camps are open to all girls in grades K-12
financial aid available

Day Camp
Camp Singing Hills-Chugiak

Overnight Camp
Camp Togowoods-Wasilla

View the camp catalog and register:
bit.ly/gsak_camp

customercare@girlscoutsalaska.org
(907) 248-2250

2000 W International Airport Rd.
Anchorage, AK 99502

girlscoutsalaska.org

The Anchorage School District does not endorse these materials or the viewpoints expressed in them.

Music Camp:

Click to Register

Alaska's Children's Music Camp 2024

When: June 10 - 14 , 9 AM- 12 PM
For children ages 6-12 years old

June 24 - 28, 9:00 - 11:00 a.m.
For Preschool ages 3-5 years old

Where: Lutheran Church of Hope
1847 W. Northern Lights
Anchorage, AK

Registration/ Cost information:
<https://www.alaskaorffchapter.org/alaska>

Questions: Email us at:
alaskaorffchapter@gmail.com



Scan the QR Code for
Registration / Information

**Register your camper
today!**

**Register by May 17, 2024
to guarantee a T-Shirt**

**Registration closes on
Friday, June 7, 2024**

**Come Join
Ms. Karen, Ms. Kay, and
Ms. Mimi !**

- Sing and create movement
- Explore percussion
- Experience creativity
through literature and drama
- Increase music understanding
- Make wonderful music
together!

The Anchorage School District does not endorse these materials or the viewpoints expressed in them.

Ak Rush Soccer Club:

Click for more Information



Alaska Rush Soccer Club

- Recreational Soccer – Noon or Evening Sessions 5:00pm or 6:30pm M/W or T/Th – 2 locations
- Pre-Competitive –Coed 5v5–Children Born 2018/2017 (U7/U8)
- Pre-Competitive 7v7 - Children Born 2016/2015 (U9/U10)
- Competitive – 9v9 – Children Born 2014/2013 (U11/U12)
- Competitive – 11v11 – Children Born 2012-2006 (U13-U19)

Summer Soccer Camp Offerings

- Alaska Rush Soccer Camps – ½ day / full day 6–15 years olds
Jun10-14, 2024 or July 16-19, 2024
- Challenger Sports International Soccer Camps – Tykes 3-5 years old / ½ day 6-14 years old and
full day options 8-14 years old - June 24-28, 2024 or July 29 - August 2, 2024

Visit <http://alaskarush.com/> to register or for more information about program offerings and summer camps or contact Johnny Turner, Alaska Rush Soccer Club Youth Director of Coaching
jturner@alaskarush.com or (907) 223-0612

Payment Plan Options / Financial Aid (Scholarships) Available

The Anchorage School District does not endorse these materials or the viewpoints expressed in them.

2024 Music Machine:

Click to Register

Welcome to



2024

SUMMER 2024
THE MUSIC MACHINE!

Don't Miss Your Chance
to Be in this Summer's
Music Machine Programs!
To SIGN UP TODAY for
Summer 2024, email to:
themusicmachine@live.com



Kids Love the Music Machine! Join Us for a Summer of Fun!

The Music Machine Develops Confidence and Life Skills!

Kids involved in the Music Machine programs learn more than music and movement. They are encouraged in a healthy, supportive environment to interact with other children, to develop

teamwork, and to feel a sense of pride in their accomplishments. Many parents continue to enroll their children year after year, as the lessons the kids learn here benefit them in both their academic and social lives.

The Music Machine is fun, and it provides some important life-skills along the way.



Costs and Discount Information

*The Anchorage School District
does not allow prices to be posted on flyers.*

We work to keep our fees competitive and as low as possible.

In addition, for The Music Machine and Dance Machine, there are discounts:

- Early pay discount.
- Family discount if more than one child participates
- Discount if you're in both Music and Dance Machine

For costs, visit our website:

themusicmachineanchorage.com

Only the Best for Kids!

As Alaska's oldest continuous musical program for kids, The Music Machine has developed a reputation for great quality and high expectations.

We hire only the best professionals and work in quality facilities.

This ensures that the children will have the most professional and positive experience possible.

"I can't wait for The Music Machine to begin every summer. Thank you so much."
—participant

themusicmachineanchorage.com 907 - 227 - 0509 themusicmachine@live.com

"The Anchorage School District does not endorse these materials or the viewpoints expressed in them."

-2024-

Join Us this Year & Be Part of Our 43rd Anniversary Summer Program!



June 25 - July 18, 2024

A four-week summer workshop in creative music and movement. It's fun, made for kids ages 3-6.
Performance: July 18, for family and friends.

Director: Carly Flake

One session is offered this year.

Theme: Goin' BUGGY 🐜🐜🐜

June 25 - July 18

Days:

>Tuesdays only: June 25 & July 2

>Tues AND Thurs: July 9-18

Times:

Ages 3 & 4: 9:30 - 10:30 am

Ages 5 & 6: 10:30 - 11:30 am

(No workshops on June 27 or July 4)

Place:

**THE GYM at
St. John United Methodist Church**
1801 O'Malley Road

Cost: Must see website:
themusicmachineanchorage.com

NO AUDITION, but you must register in advance at themusicmachine@live.com
Register SOON. If you can't register BY May 27, call the number below to confirm interest.



June 24 - August 3, 2024

A six-week summer workshop in American Musical Theatre for kids ages 6-18, with shows at the ACPA Discovery Theater.
Performances: August 1-3.

Directors:

Janet Carr-Campbell
and Jack Klauschie

GROUP I: Ages 6-9

Days: Mon, Tues, Wed, & Thurs
Times: 9:30 - 11:30 am

GROUP II: Ages 10-12

Days: Mon, Tues, Wed, & Thurs
Times: 11:45 am - 1:45 pm

GROUP III: Ages 12-18

Days & Times:
Mon & Wed, 11:45 am - 1:45 pm
Tues & Thurs, 11:45 am - 3 pm

(No workshops on July 4th holiday)

Place:

**THE GYM at
St. John United Methodist Church**
1801 O'Malley Road

Cost for **Group I, II, or III:**
Must see website.
Also visit website for early pay and other discount information:
themusicmachineanchorage.com.

NO AUDITION this year, but you must register in advance at themusicmachine@live.com
Register SOON. If you can't register BY May 27, call the number below to confirm interest.



June 24 - August 3, 2024

A six-week summer workshop where dancers ages 6-18 work on specialty numbers for our shows at the ACPA Discovery Theater.
Performances: August 1-3.

Director: Carly Flake

GROUP I: Ages 6-9

Days: Mon & Wed
Times: 11:45 am - 1:15 pm

GROUP II: Ages 10-12

Days: Mon & Wed
Times: 9:30 - 11:30 am

GROUP III: Ages 12-18

Days: Mon & Wed
Times: 2 - 4 pm

Place:

**THE GYM at
St. John United Methodist Church**
1801 O'Malley Road

Cost for **Group I, II, or III:**
Must see website.
Also visit website for early pay and other discount information:
themusicmachineanchorage.com

NO AUDITION this year, but you must register in advance at themusicmachine@live.com
Register SOON. If you can't register BY May 27, call the number below to confirm interest.



themusicmachineanchorage.com 907 - 227 - 0509 themusicmachine@live.com

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Dimond Volleyball Skills Camp:

Click to Register



SCAN above QR code for online application

2024 DIMOND VOLLEYBALL SKILLS CAMP July 30, 31, Aug. 1

Director: Kim Lauwers

34 years of coaching experience, 11 state championships,
Former UAA volleyball coach, Midnight Sun Club 18U coach,
2013 AVCA National H.S. High School coach of the year,
NJCAA Hall of Fame, Illinois Central Hall of Fame, Bradley Bourbonnais Hall of
Fame, 2020 CIC Coach of the Year, MVP at NJCAA
National Championships, All American, Division I Texas State University
All Conference Player of the Year.

Staff: Dimond H.S. assistant coaches, former and current Dimond H.S or Alaska
Volleyball club coaches and players.

Where: Dimond H.S. main gym

When: (Times could be changed)

(We will separate grade levels by ability on
different courts).

3 rd - 7 th grade	9:00-11:00 a.m.
10 th -12 th grade	12:00-2:00 p.m.
8 th -9 th grade.	3:15-5:15 p.m.

Each player will learn: individual volleyball skills, team skills, and footwork.

Please bring: indoor shoes, t shirt, shorts or spandex, socks, knee pads, water bottle,
running shoes, sweats, volleyball and a positive attitude!

Please fill out application and send it in ASAP, as space is limited!

Contact Kim Lauwers if you have any questions: lauwers_kimberly@asdk12.org

PAYMENT QR CODE:



All copies of material to be posted and / or distributed must contain a disclaimer on
the front page stating: "The Anchorage School District does not endorse these
materials or the viewpoints expressed in them."

From our School Nurse...



**"You cannot educate a child who is not healthy,
and you cannot keep a child healthy who is not educated."**

Dr. Jocelyn Elders

Greetings Sand Lake Families,

As we all prepare for summer break and consider plans for next year, please remember plans such as school care plans, medication forms, and Religious Exemption forms must be re-done for each school year. Please have your child's prescriber sign forms for the 2024-2025 school year after July 1st, 2024. Same date applies to parents signing their child's Religious Exemption form and having it notarized.

Please check the ASD website if you are looking for additional information or need a form.

About medications at school: <https://www.asdk12.org/Page/7810>

Forms page: <https://www.asdk12.org/Page/20063>

About immunization requirements and forms regarding immunizations:
<https://www.asdk12.org/Page/6617>

Below is some information on getting free bicycle helmets. When getting a new helmet and having your child use one, it is important to also have a proper fit. The CDC has some great information about helmets and getting the right one. <https://www.cdc.gov/headsup/helmets/index.html>

Free bicycle helmets available to kids, teens

ANCHORAGE, Alaska — Free bicycle helmets for children and teenagers are now available at Anchorage Fire Department (AFD) stations.

This safety program is a collaboration between Safe Kids Alaska, AFD, and International Association of Firefighters Local 1264, with generous funding provided by the Children's Miracle Network.



To receive a helmet:

- Kids/teens must be present so the helmet can be fitted and adjusted
- Supplies are limited to stock on hand.

Although any child can receive a free helmet, this program is intended for those who might not otherwise be able to obtain a bike helmet.

For more information, please contact Safe Kids Alaska at
(907) 212-3194 or safekidsak@providence.org

Be Well Sand Lake,

Nurse Laura
Sand Lake Elementary School Nurse

sandlakenurse@asdk12.org
aimonetti_laura@asdk12.org

Direct: (907) 742-9261

Fax: (907) 243-6025

School Start Time Changes beginning August 2024



PLC Monday Schedule	Start Time	Release Time
Elementary	9 a.m.	2:30 p.m.
High	9:45 a.m.	3:15 p.m.
Middle (grades 6-8)	10:30 a.m.	4 p.m.

Tuesday-Friday Schedule	Start Time	Release Time
Elementary	8 a.m.	2:30 p.m.
High	8:45 a.m.	3:15 p.m.
Middle (grades 6-8)	9:30 a.m.	4 p.m.

In some cases, preschool, charter and alternative programs may have different schedules.

START PLANNING NOW

New start times may affect schedules outside of school. Consider how it could impact your family and start thinking through changes you may have to make.

- Before-school programs
 - After-school programs
 - Transportation to/from school
 - Sports and activities
- Childcare
 - Teen after-school jobs
 - Parent/guardian work start or end times



Point your phone camera to this QR code and then click the link for more information on changing school start times.



asdk12.org/schoolstarttimes



2023-2024 School Meal Prices

Beverage prices are the same for both students and adults. Adult meal prices are higher since adult meals are not federally subsidized. Milk may be purchased at the a la carte price of \$1.00 for regular and \$1.50 for lactose-free milk.

Apply for Free and Reduced-Priced Meals

For questions, please contact student nutrition: snadmin@asdk12.org or (907)348-5145



Report an Absence





Sand Lake Elementary / Sand Lake Elementary School Homepage

Sand Lake has a vibrant neighborhood program and is home to the Japanese Immersion Program.

🔗 asdk12.org



TOMO NO KAI



In the sunshine.



in the wild air.

- Ralph Waldo Emerson



Sand Lake Elementary

Sand is using Smore to create beautiful newsletters